



# Dr. Shymaa Mostafa Rezk

M.D. Dermatology and Andrology

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Date of Birth: 11 August 1983

SCFHS Professionally Classified as Senior Registrar in Dermatology

## OBJECTIVE

I have been working in a hospital industry for more than **18 years of experience** maximizing patient wellness and facility profitability, with my most recent experience being an **Assistant Professor (consultant)** of Dermatology, Andrology and Venereology, in Benha Faculty of Medicine, Egypt. I possess valuable personal and professional skills. Seeking a challenging but fulfilling role as a **Dermatologist** will allow me to share knowledge with patients on treatments and medical alternatives available and utilize my communication skills to reach out to patients. Besides, I have excellent knowledge as regards different **aesthetic medical procedures**, aiming at improving the physical appearance and satisfaction of the patient, using non-invasive to minimally invasive **cosmetic procedures**.

## EDUCATION

### M.D. in Dermatology and Andrology

2011 – 2018

Faculty of Medicine, Benha University, Egypt

### Master's Degree in Dermatology and Andrology

2008 – 2011

Faculty of Medicine, Benha University, Egypt

### M.B.B.Ch. of Medicine and Surgery with General Grade (Excellence with Honor)

2000 – 2006

Faculty of Medicine, Benha University, Egypt

## WORK EXPERIENCE

### Assistant Professor in Dermatology and Andrology Department

2024 – Present

Faculty of Medicine, Benha University, Egypt

### Lecturer in Dermatology and Andrology Department

2018 – 2024

Faculty of Medicine, Benha University, Egypt

### Demonstrator then Assistant Lecturer in Dermatology and Andrology Department

2011 – 2018

Faculty of Medicine, Benha University, Egypt

### Resident Physician in Dermatology and Andrology Department

2008 – 2011

Benha University Hospitals, Egypt

## PROFESSIONAL SKILLS

### As A Consultant and Lecturer of Dermatology and Andrology

1. Ability to coach junior medical staff.
2. Diagnosis and treatment of different dermatological and andrological diseases.
3. Conducting non-invasive surgical procedures (cryotherapy and electrocautery), phototherapy sessions, dermoscopic examination and histopathological examination of skin biopsies.
4. Educate patients on preventive skin care.
5. Administrative and management capabilities.
6. Preparing medical care strategies.
7. Scientific Research and supervising different clinical trials.

### As A Cosmetic Dermatologist

1. Offering consultation, diagnosis, and treatment to patients who are interested in improving their skin condition.
2. The cosmetic procedures include botulin toxin and fillers injections, hair removal, skin tightening, chemical peels, carboxytherapy, and microdermabrasion.
3. Experience in different types of Laser cutaneous procedures, mesotherapy, PRP and IPL therapy.
4. Attending various cosmetic conferences and hand-on sessions to acquire knowledge and skills as regards to recent cosmetic procedures.

## COURSES

Laser and Cosmetic Courses	Location	Time
Peeling, Mesotherapy and PRP Hands-on Course	ICME Academy	January 2021
Filler Hands-on Course	Provided by The Egyptian Society of Women Health at ICME Academy	December 2020
Threads Hands-on Course		December 2020
Botox Hands-on Course		December 2020
Laser Hands-on Course (4 Modules)	ICME Academy	December 2020
Aesthetic Dermatology Course (29.75 total CME credit points "CMEP"), (Ref. No. A006248934301)	A cosmetic course approved by the Egyptian Association of continuing Medical Education Development, Egypt	From March 2019 to April 2019
Certificate to Permit the Use of Medical Laser Devices, (Serial No. MLC-00636)	Medical Laser Center, National Institute of Laser Enhanced Sciences (NILES), Cairo University, Egypt	March 2019
Laser Applications in Dermatology (30 hours training course)		January 2019
Laser Safety Course (code: LS-01375)	Laser Technology Center, National Institute of Laser Enhanced Sciences (NILES), Cairo University, Egypt	February 2019
18th Workshop on Laser Science and Cosmetic Dermatology (Advanced Course)	Department of Dermatology and Andrology, at Faculty of Medicine, Benha University, Egypt	July 2016
2nd Workshop on Laser Science and Cosmetic Dermatology (Basic Course)		May 2012

Dermatology and Andrology Courses	Location	Time
The 12th Annual Workshops of Dermatology and Andrology (18.5 accredited hours) "recognized by the American Association of Continuing Medical Education"	Faculty of Medicine, Benha University, Egypt	July 2016
Revision Course on Dermatology "40 CME credit hours", The Egyptian Society of Aesthetic Dermatology	Sharm Derma Conference, Egypt	May 2016
The Dermatology and Andrology Course	The Egyptian Advisory Board of Aesthetic Dermatology, Cairo, Egypt	June 2011
Workshop on: (Clinical Dermatology, Dermatopathology, Phototherapy and laser, Immunodermatology, Gross and Microscopic Symposium and Updates in Phototherapy) "40 CME credit hours"	Sharm Derma Conference, Egypt	October 2009

Computer Courses	Location	Time
Website Management Course	Faculty and Leadership Development Center (FLDC), Benha University, Egypt	June 2021 March 2018
Fundamentals of Digital Transformation Certificate (FDTC): (Fundamentals of IT, Operating System, and Word Processing)	Central Unit of IT Training (CUIT), Benha University, Egypt	May 2021
Microsoft Technology Associate (MTA) for Software Development Fundamentals	Information and Communication Technology Project (ICTP), Benha University, Egypt	September 2017
International Computer Driving Licence (ICDL), (Serial No. EGY000174745)	Benha University, Egypt	May 2008

Teaching, Research and Administrative Skills Courses	Location	Time
Self-Evaluation and External Reviewing Courses	Faculty and Leadership Development Center (FLDC), Benha University, Egypt	June 2021 June 2014
University Administration Course		June 2021
Question Banks and Electronic Tests Course		June 2021
Strategic Planning Courses		June 2021 November 2011
Effective Presentation Courses		June 2014 November 2011
Statistical Analysis Course Using Statistical Package for the Social Sciences (SPSS)		June 2014
Research Ethics Course		June 2014
University Lecturer Preparation Course (No. 82)		Faculty of Education, Benha University, Egypt

## Published Articles in National and International Journals

- Alkady OH, Ahmed RS, Abdou DM, [Rezk SM](#), Elgabry S. Platelet-rich plasma preparation using three different centrifugation methods: A comparative study. *Egypt J Lab Med* 2020;32:40-4
- Mustafa, A.I., Khashaba, R.A., Fawzy, E., Baghdady, S.M.A. and [Rezk, S.M.](#), 2021. Cross talk between oxidative stress and inflammation in alopecia areata. *Journal of Cosmetic Dermatology*, 20(7), pp.2305-2310.
- Mikhael, N.W., [Rezk, S.M.](#), Abdel Khalik, H.A. and Mowafy, M.A., 2021. Serum total thiol level in Acne Vulgaris Patients and its relation to oxidative stress. *Benha Journal of Applied Sciences*, 6(5), pp.191-197.
- Al-kady, O.H., Marei, Y.M., Eldsoky, S.A. and [Rezk, S.M.](#), 2021. Level of The Nuclear factor-Erythroid 2-related factor2 in Egyptian patients with cutaneous warts. *Benha Journal of Applied Sciences*, 6(3), pp.161-163.
- [Rezk, S.M.](#), Alkady, O.H. and Farag, R.T., 2021. The Effect of Intralesional Injection of MMR in Treatment of Viral Warts. *Benha Journal of Applied Sciences*, 6(1), pp.223-226.
- Alkady, O., Abdulah, S., Ismail, Y. and [Rezk, S.](#), 2021. Evaluation of Interleukin-17 in Viral Warts. *Benha Medical Journal*, 38(1), pp.94-101.
- Hussein, K.M., [Rezk, S.M.](#), Abdel-Khalik, H.A. and Mahmoud, S.S., 2021. Evaluation of Serum Ischemia Modified Albumin Level in Male Patients with Androgenetic Alopecia. *Benha Journal of Applied Sciences*, 6(2), pp.57-60.
- [Shymaa M. Rezk](#), Asmaa M. Elrefaie, Aya A. Youssaif, Hasnaa S. Abd El Hamid, Rehab M. Salem. Long Pulsed Nd:YAG 1064-Nm Laser in Treatment of Onychomycosis. *BMFJ* 2022;39(3):933-940.
- Alkady, O.H., [Rezk, S.M.](#), Marei, Y.M. and Mahmoud, R.A., 2022. Serum 3 alpha diol G level evaluation in female patients with Acne vulgaris. *Benha Journal of Applied Sciences*, 7(5), pp.91-93.
- Alkady, O.H., Marei, Y., El Sayed, N. and [Rezk, S.](#), 2022. Serum Level of Programmed Death Ligand1 in Alopecia Areata Patients in Relation to Disease Severity. *Benha Journal of Applied Sciences*, 7(5), pp.65-71.
- Sabry, H.H., Shabana, A.K., El Fallah, A.A. and [Rezk, S.M.](#), 2023. Evaluation of Serum Level of Cathepsin S in Patients with Active Acne Vulgaris. *Benha Medical Journal*.
- Alkady, O.H., [Mostafa, S.M.](#) and Elfallah, A.A., 2023. Evaluation of Serum Survivin level in Patients with Acne Vulgaris. *Benha Medical Journal*, 40(1), pp.264-274.
- Elkady, O., Abdel Khalik, H., Esmail, A. and [Mostafa Rezk, S.](#), 2023. R-Spondin-1 Level in Different Dermatoses: A Comprehensive Review. *Benha Journal of Applied Sciences*, 8(2), pp.25-29.

- ElEsawy, F.M., El-Sayed, A.H., Marei, Y.M. and [Shymaa M. Rezk](#), 2023. Osteopontine Level in Vitiligo Patients. Benha Medical Journal, 40(1), pp.58-67.
- ElRefaey, A.M., Elsayed, S.S., and [Shymaa M. Rizk](#), 2023. Study the efficacy of Microneedling and Narrow Band Ultraviolet B Phototherapy in Vitiligo Treatment. Benha Medical Journal, 40(Annual conference issue), pp.174-181.
- Ali Ibrahim, A.A., Abdel Khalik, H.A.H., Taha, L.W. and [Rezk, S.M., 2023](#). Urotensin II in Psoriasis in relation to disease severity. Benha Medical Journal, 40(Annual conference issue), pp.273-282.
- Alkady, Osama Hussein; Khalil, Karem Taha; Ibrahim, Samah Ezza; Farag, Raghda Tohamy; and [Rezk, Shymaa Mostafa](#) (2023) "Intralesional Injection of Mumps, Measles, and Rubella Vaccine, Bleomycin, and Vitamin D3 in Warts Treatment," Menoufia Medical Journal: Vol. 36: Iss. 3, Article 3 .
- Sabry, H., [Mostafa, S.](#) and Abdalla, S., 2023. Platelet-Rich Plasma in Acne Scar: A Comprehensive Review. Benha Journal of Applied Sciences, 8(2), pp.147-154.
- Mustafa Al, Abdel-Lateef WAE, Osman MM, [Rezk SM](#). Serum granulysin as a possible key marker of vitiligo activity and severity. Indian Dermatol Online J XX;XX:XX. (Accepted June 2023).
- Skin reactions to COVID-19 vaccination among Egyptians in three governorates. Osama H. Alkady, Sara Y. Abdelhameed, [Shymaa M. Rezk](#). Journal of the Egyptian Women's Dermatologic Society 2023, 20:187–195.

## CONFERENCES

Conference	Time
Sharm Derma Conference (The Egyptian Society of Aesthetic Dermatology), Egypt	October 2021, October 2018, October 2017, October 2016, May 2016, October 2009 (40 CME)
The International Annual Meetings of Dermatology and Andrology Department, Faculty of Medicine, Benha University, Egypt	15 <sup>th</sup> Meeting (July 2019) 13 <sup>th</sup> Meeting (May 2017) 12 <sup>th</sup> Meeting (May 2016) 8 <sup>th</sup> Meeting (November 2019) 7 <sup>th</sup> Meeting (May 2009)
Practical Esthetic Anti-Aging Course of Egypt (PEACE), Cairo, Egypt	January 2019, January 2012
2 <sup>nd</sup> Mediterranean International Conference of Applied Dermatology and 3 <sup>rd</sup> Aesthetic in between Nutrition and Dermatology, Cairo, Egypt	November 2018
9 <sup>th</sup> International Annual Conference and Workshops (Afro-Asian Society for Cosmetic Dermatology and Laser), Cairo, Egypt	April 2016
1 <sup>st</sup> and 2 <sup>nd</sup> Arab-European Congress for Dermatology and Venerology and 27 <sup>th</sup> and 28 <sup>th</sup> Annual Congress of the Egyptian Society for Dermatology and Venerology, Cairo, Egypt	January 2014, January 2013
International Annual Conference of the Egyptian Women's Dermatologic Society	22 <sup>nd</sup> Conference (December 2013) (22 hours CME) 21 <sup>st</sup> Conference (December 2012)

*All references are furnished upon Request.*